



Jill Parker, Mamma of the modern tribal fusion bellydance movement is an award winning teacher/choreographer, founder of Ultra Gypsy Dance Theater, and director of the Foxglove Sweethearts. She's an original member of Fat Chance Belly Dance, and with over two decades of experience, has trained the top bellydancers in the genre.

Jill's big heart and deep love for this intoxicating form shine through in her classes and performances. She's an exceptional teacher with a knack for demystifying this sensuous dance, making it accessible to new dancers while offering insight for refinement and subtlety to the most advanced dancers.

In this workshop Jill offers insight into her trend setting approach to Bellydance through the use of energetic technique drills and stylish combinations designed to support your performative skills. Class will begin with yoga and conditioning designed for you to bring into your own practice, safely building muscle awareness, isolation, flexibility, grace and postural alignment, ever important elements for a stunning performance. You're sure to find Jill's workshop environment challenging, focused, encouraging and most of all FUN!

Jill Parker